“Are You More Like……..Why?”

Objective: To break the ice in a group of strangers, break down barriers in groups, or help group members get to know each other.

Procedure: The leader may have the group physically separate and go to opposite sides of a room or space, changing sides as each new pair of “Are you more like….” is called.

Opposites might include:

a. Airplane or bicycle
b. Basketball or golf ball
c. Pepsi Cola or white milk
d. Door or window
e. Blue jeans or a suit
f. Computer or an adding machine
g. Volkswagen or a Cadillac
h. Giraffe or a hippopotamus
i. Baked potato or French fries
j. Television or radio