

"Are You More Like......Why?"

Objective: To break the ice in a group of strangers, break down barriers

in groups, or help group members get to know each other.

Procedure: The leader may have the group physically separate and go

to opposite sides of a room or space, changing sides as

each new pair of "Are you more like...." is called.

Opposites might include:

a. Airplane or bicycle

b. Basketball or golf ball

c. Pepsi Cola or white milk

d. Door or window

e. Blue jeans or a suit

f. Computer or an adding machine

g. Volkswagon or a Cadillac

h. Giraffe or a hippopotamus

i. Baked potato or French fries

i. Television or radio

Reference: Martin, R.R.; Weber, P.L.; Henderson, W. E.; Lafontaine, K. R.; Sachs, R. E.; Roth, J.; Cox, K. J.; Schaffner, D. (1987). Are You More Like...Why?" (Section 2 p.7). <u>LASER D.I.S.C</u>. Columbus, OH: Ohio State University Extension.